



Carlos DaSilva
Equity Trainer

At a young age, Carlos Da Silva navigated through the crowded and often understaffed orphanage in his birthplace, São Paulo, Brazil. While known for its culture, cosmopolitan vibe, and melting pot of diversity and culture, the country was also void of many things that people take for granted today, such as running water, ample food, clothing, and the everyday necessities for survival.

Growing up as an adopted child, Carlos learned to find his purpose in the world. He took the values and experiences with equity that he gained from his multi-cultural upbringing and put it to good use. As a young adult, he worked as an advocate for youth in the mental health industry for nearly a decade. As a supervisor and training coordinator, he helped fight against the stigma and disparities often imposed on those struggling with mental health illnesses. Carlos also introduced dance therapy as an effective and fun communication technique for the youth in the treatment programs. By allowing their movement to tell a story, dance provided a new and positive forum for the children to express themselves. Carlos continues to pursue his passion for dance today.

Carlos views cultural competency awareness as the number one most important element for advancing peace in the world. He is very excited to work with the Epoch Education Team to bring about new ways of thinking through diversity training and multi-cultural outreach. As an Epoch Education Consultant, Carlos endeavors to foster and continue to build upon the valuable equity found in his cultural pedigree.